

Kids! Learn To Prepare For EMERGENCIES!



Did you know that YOU can play an important part in an emergency by being prepared for your own safety and your family's safety too? Review the activities on this page with your family to see if you know what to do before, during and after an emergency.

Find the words below in the word search and use the remaining letters to discover the theme for Emergency Preparedness Week.

P	R	E	P	A	R	E	P	S	P	E	T	S
P	L	A	N	K	R	M	M	D	C	S	H	I
E	H	P	C	I	P	E	A	I	R	T	U	R
R	E	O	A	T	O	R	N	A	D	O	N	E
E	L	E	N	N	L	G	T	T	D	R	D	N
T	P	O	D	E	I	E	H	S	O	M	E	E
N	W	N	L	L	C	N	G	R	O	E	R	A
I	I	R	E	N	E	C	I	I	L	I	H	O
W	A	T	E	R	W	Y	L	F	F	O	O	D

candle
emergency
ems
fire
first aid
flood
food

help
~~ice~~
kit
light
pets
phone
plan
police

prepare
siren
storm
thunder
tornado
water
wind
winter

Prepare A Home Emergency Plan!

Together, your family should create an emergency plan so that you'll know what to do in times of emergency. To see an example of a home emergency plan visit,

http://www.emergencypreparednessweek.ca/plan_e.shtml#2.

To learn more about helping your family prepare for an emergency visit www.lambtononline.ca/emergency_preparedness.

Did You Know?

You should only use your phone during an emergency if someone needs help! During emergencies (like tornadoes or floods) a lot of emergency workers need to use phones to talk to other emergency workers. If too many people are on the phone talking to friends or other family members, emergency workers might not be able to talk to the people they need to.



And remember.... **Never call 9-1-1 to ask for information.** Only call 9-1-1 if you or someone around you needs help from police, fire or ambulance.

Make sure your radio is on during an emergency! You and your family need to listen for news and instructions.



The radio stations in Lambton County are:
1070 AM CHOK
99.9 FM CFGX
106.3 FM CFHK

This Information Sheet has been provided by:



Township of Brooke-Alvinston
(519) 898-2173
toba@xcelco.on.ca



Village of Oil Springs
(519) 834-2939
osprings@xcelco.on.ca



Village of Point Edward
(519) 337-3021
www.villageofpointedward.com



Township of Warwick
(519) 849-3926
www.warwicktownship.ca



Township of Dawn-Euphemia
(519) 692-5148
admin@dawn-euphemia.on.ca



Town of Petrolia
(519) 882-2020
petrolia-emerg@xcelco.ca
www.town.petrolia.on.ca



City of Sarnia
(519) 344-8861 ext. 5206
www.city.sarnia.on.ca



County of Lambton
(519) 845-0801
1-866-324-6912
www.lambtononline.ca



Township of Enniskillen
(519) 882-2490
enniskil@xcelco.on.ca



Town of Plympton-Wyoming
(519) 845-3939
www.plympton-wyoming.com



Township of St. Clair
(519) 867-2110



Aamjiwnaang First Nation
(519) 332-6770

Do You Have An Emergency Supplies Kit?

Every household should have a Supplies Kit that will last for at least three days (72 hours) so that when an emergency strikes, the whole family is prepared. Here is a list of what your family should keep in the kit:

- Flashlight & Batteries (in case the lights go out)
- Radio & Batteries (so you can listen to the news)
- Spare Batteries
- First Aid Kit
- Candles and Waterproof Matches or a Lighter
- Extra Car Keys & Money (including coins for phones)
- Important Papers (identification for everyone)
- Food & Bottled Water (three days worth per person...and don't forget your pets!)
- Plastic Knives, Forks, Spoons, Cups & Plates
- Plastic Garbage Bags
- Fuel Stove and Fuel (Do not use barbecues, fuel stoves, or propane lanterns indoors!)
- Clothes & Shoes or Boots
- Blankets or Sleeping Bags (one blanket or sleeping bag per person)
- Toilet Paper, Diapers & Other Personal Supplies
- Medicine, Eyeglasses, Copies of Prescriptions
- Whistle (in case you need to attract someone's attention)
- Playing Cards, Games, and Toys
- Supplies Kit Container (something that will carry the emergency survival kit in case you have to leave)

Fill in the blanks to discover some of the items you need in your 72-hour (3 day) Supplies Kit!

Ca _ _ dl _ _ s W _ _ t _ _ r
R _ _ dio T _ _ ys
Bla _ _ ke _ _ Mon _ _ _
F _ _ ash Li _ _ _ t C _ _ oth _ _ s
F _ _ _ d Fir _ _ _ a _ _ d k _ _ _

Summer's Coming!

Summertime can be a lot of fun - swimming, playing, and spending a lot of time outside. But summertime can also bring bad weather like thunderstorms and even tornadoes! Luckily, we haven't seen many tornadoes here in Lambton County, but that doesn't mean you shouldn't be prepared.....just in case!



A **weather watch** means bad weather could be on the way. A **weather warning** means bad weather is in the area. If you see lightning or hear thunder, go inside!

Shelter-In-Place!

Sometimes during emergencies, people are told to "Shelter-in-Place". This means that everyone should:

- *Go Inside;
- *Close All Windows & Doors;
- *Shut off Outdoor Air Intakes (like window fans and air conditioners);
- *Listen to the radio for updates.

For Parents....

During a "Shelter-in-Place" advisory, roads around the emergency scene may be barricaded to protect the public from danger. Local radio stations will carry information and instructions for the public.

If the hazard involves a vapour release, it is imperative that you ensure your family's safety by remaining indoors. In the event that your child(ren) is in school, it is best that they remain in this setting. Schools have procedures to deal with emergency situations such as these.

To learn more about "Shelter-in-Place" visit www.lambtononline.ca/chemical_emergencies.

Are you ready for an emergency? If you have read this page then you are on your way! Take this short quiz to see if you are prepared!

1. During an emergency, you should get information by:
 - a) calling your friends
 - b) listening to the radio
 - c) calling 9-1-1
 - d) going outside
2. Shelter-in-Place means:
 - a) you shouldn't go outside
 - b) you should shut all the doors and windows
 - c) Listen to the radio for updates
 - d) All of the above
3. Emergency Supplies Kits should contain enough items to last at least:
 - a) one day
 - b) two days
 - c) three days
 - d) four days
4. You should only call 9-1-1 to:
 - a) give information
 - b) ask for help
 - c) report an accident
 - d) all of the above